



MALAHIDE YACHT CLUB



Application for Junior Training Courses 2010

Please complete in full using block capitals. As numbers are strictly limited, places will be allocated to pay up members on receipt of fully completed forms. Please use one form per child. The minimum age for participants in courses is 8 years.

Name			Date of Birth	
Address				
Phone (Home)			Phone (Mobile) Please supply for texting	
E-mail				
Swimming Test <i>(please tick)</i>	<p>Passed Yes / No</p> <p>The swimming assessment will be carried out wearing sailing clothes and with a buoyancy aid in the waters in which instruction will take place. It will consist of (a) a 25 metres swim (b) 2 minutes treading water and (c) 10 seconds under water. It is proposed to carry out swimming tests for new trainees Saturday 26th June from 10am to midday.</p>			
Course Required		Course 1 5 TH – 16 TH July	Course 2 19 TH – 30 TH July	SUPERVISED SAILING 2 ND – 6 TH August
	8's Taste of Sailing	Not Available	8's mornings only €170	
	Level 1 Start Sailing			
	Level 2 Basic Skills			
	Level 1&2 Start Sailing & Basic Skills *1		Not Available	
	Level 3 Improving Skills			
	Level 4 Kites & Wires 1 Adv Boat Handling	Not Available		
	Level 4 Adventure 1		Not Available	
	Course Fee	€250	€250	€100
Please submit a copy of your Personal Log of Sailing (at the back of your log book) *1 Open to applicants age 12 or over or to those who can demonstrate capability.				
A discount of €25 is available for additional children or courses booked.				

Boat to be Sailed	Owner	Class	Sail No.

I declare that the boat will be covered by Third Party Liability Insurance. **Indemnity limit (€)** _____

Signature

If the boat is owned by a person other than the applicant, the owner's signature is required. If the owner is a Junior member, the parent's signature is required.

It is necessary that all boats carry adequate insurance cover.

Please note boats damaged in the course of the training will be subject to standard **International Regulations for Preventing Collisions at Sea.**

BOAT HIRE

A **limited** number of club boats are available for rent for the junior training courses

- Topaz (2 person) at a rate of €200 for the 2 week course (course time only) **i.e. €100pp**
- Optimist (1 person) at a rate of €100 for the 2 week course (course time only)

There is a refundable deposit of €150 Topaz or €50 Optimist for any cleaning and/or damage to the boats.

No applicant will be accepted for junior training unless he/she:

- has passed the swimming assessment
- is a paid up member of MYC

I understand that no liability whatsoever attaches to MYC, its members or servants or DMG Sailsports for any loss or damage to property or injury sustained by any child enrolled for tuition.

In case of emergency I give my permission for medical procedures to be carried out	Yes / No
My child suffers from known allergies *	Yes / No
My child is taking medication *	Yes / No

* Indication of allergies / medication must be supplied on a separate sheet.

Junior Member's Signature.....

Parent's Name
(please print)

Parent's Signature

Date

Please send the completed application form and course fee to:

DMG Sailsports, The Marina Centre, Malahide, Co. Dublin
Ph. 01-8456946 e-mail info@dmgsailsports.com

Cheques/drafts should be made payable to "Malahide Yacht Club"

Course fee(s)	€
Multi-child Discount (if applicable)	€
Boat Rental (if applicable)	€
Boat Deposit (refundable)	€
Total enclosed	€

**Payment may be made as follows 50% on booking
the remaining 50% two weeks before the course commences**

CLUB MEMBERSHIP

Please ensure that you have renewed your membership before submitting an application for a place on the junior training courses, as we cannot allocate a place unless we receive confirmation that you membership is up to date. For membership queries please contact Deirdre Moore-Somers, Membership Secretary on 086 1968553 or membership.myc@gmail.com.

Please note that applications for new membership can take up to eight weeks to be approved.

Which Course?

Level 1 – Taste of Sailing

For 8 year olds, this course will introduce you to the basic boat handling techniques and background knowledge necessary to get started in sailing. By the end of this course you will be sailing in light wind conditions with assistance from your instructor. The course is run over ten ½ days.

Experience required: No previous experience required

Level 1 – Start Sailing

This course will introduce you to the basic boat handling techniques and background knowledge necessary to get started in sailing. By the end of this course you will be sailing in light wind conditions with assistance from your instructor. The course is run over 10 full days.

Experience required: No previous experience required

Level 2 – Basic Skills

Building on the skills learned in level 1. By the end of this course you should have the skills and knowledge necessary to rig up your boat and safely go sailing without assistance in light winds.

Experience required: ISA Level 1, Start Sailing Certificate

Level 1&2 – Start Sailing & Level 2 Basic Skills

For the older applicant starting sailing age 12 and over or for those who can demonstrate sailing skills learned outside the ISA training scheme (e.g. Scouts) we are running a course to effectively combine the first two stages into a single course period

Level 3 – Improving Skills

This course will help you develop a competent, safe and practical approach to sailing your boat in moderate winds. You will also be introduced to the different aspects of dinghy sailing such as racing and day sailing.

Experience required: ISA Level 2 Basic Skills Certificate plus 1 seasons logged sailing experience

Sailing 4 Kites & Wires 1 & Advanced Boat Handling

The main aim of these courses are

- 1) To introduce you to the thrills and spills of sailing with spinnakers and trapezes.
- 2) To develop advanced boat handling and tuning skills and prepare you to sail flat out in strong winds.

Experience required: ISA Level 3 Improving Skills Certificate

Level 4 – Adventure 1

To introduce you to the skills and knowledge you will need in order to undertake longer trips and to sail in stronger winds. The course will be adventure based and will be two centre upper and lower estuary. It will involve reasonable sea passage in dinghies giving participants an opportunity to get a taste of cruising rather than racing around triangular courses.

Access to a two person sailing dinghy will be required for this course.

Experience required: ISA Level 3 Improving Skills Certificate plus 1 seasons logged sailing experience.

Supervised Sailing

This gives applicants a chance to practice and improve their skills with series of supervised sailing days with your course instructors. This time can be used to hone and improve skills and build confidence and is all about extra time on the water with a scheduled programme. Time spent in supervised sailing will count towards logbook experience and the instructors may be asked to re-assess anyone who has completed a course but may have needed some additional sailing time.

When participating in the Level 3 or the Level 4 courses it is important that the sailor has logged some sailing time following the previously completed course in order to consolidate the skills learned.

A sailor moving directly up to the next level without having sailed outside of the previous course will find it difficult to achieve the required standard.

If you are not sure which is the most suitable course or would like more information on any of the courses please contact Dave Garvey on 01-8456946 or info@dmgsailsports.com

Code of Conduct

Malahide Yacht Club aims to focus on fun and participation for young people in sailing. A greater emphasis should be placed on a young sailor's efforts rather than performance.

1. Junior Members are entitled to:-

- Participate on an equal basis appropriate to their ability and stage of development.
- Be treated with dignity, sensitivity and respect.
- Be happy, have fun and enjoy sport.
- Make a complaint in an appropriate way and have it dealt with through an effective complaints procedure

2. Junior Members should undertake to:-

- Respect fellow competitors – without them there would be no competition.
- Assist fellow club members and competitors if they get into difficulty on the water or have problems with their equipment.
- Accept apologies from opponents when they are offered.
- Be modest in winning and gracious in losing.
- Approach the Senior Instructor or Coach with any questions or concerns they may have.
- Be safety conscious at all times.
- Ensure that their equipment is properly marked and is safely stored at the end of each day.

3. Junior Members should not:-

- Cheat.
- Bully or allow others to be bullied.
- Use alcohol, smoke or use non-prescribed drugs.
- Borrow or steal equipment from other boats - if you don't have permission it is the same thing.
- Spread rumours.

4. **Safety** - Junior Members should always:-

- Wear appropriate clothing and equipment when afloat.
- Follow the instructions given by instructors and coaches.
- Treat boats, the dinghy park and clubhouse with respect.
- Arrive and leave on time each day during a course.
- Provide a note from parents or guardians to the Senior Instructor if they need to leave the club for any reason during the day.

If any Junior Member or their parents or guardians has a complaint they should first inform the Senior Instructor or Coach who will investigate it and report to the Junior Organiser with their recommendations. If any party is unhappy with the result of the investigation they may appeal to a disciplinary committee appointed by the club.